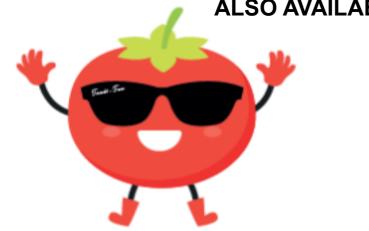
EAT SMART FOR A HEALTHY START!

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken and Vegetable pie or chicken curry	Shredded Chicken or Pulled Pork with BBQ sauce or Gravy	Minced beef and Dumplings or mince pud- ding	Roast Dinner Day	Fresh baked fish or Quorn chicken dippers
Option 2	Meatballs in a Tomato Sauce with Pasta (V) Or Bolognaise with pasta (V)	Pizza (V)	Homemade cheese pasty (V)	Burger in a bun (Beef and/ or Quorn (V))	Curry with Rice (V)
Sides	 Mixed Vegetables Cauliflower Mashed potato 	 Sweetcorn Green beans Peas Wedges Mash 	 Carrots Broccoli Boiled potatoes Mash 	 Beans Sweetcorn Broccoli Wedges Mash 	PeasCarrotsChips
Dessert	 Rice pudding Angel Delight Jelly, fruit & Ice cream Yoghurt 	 Cornflake Tart & custard Instant Dessert with Fruit Yoghurt 	 Sponge cake and custard Yoghurt 	 Apple Crumble and Custard Homemade biscuits Jelly and Fruit Yoghurt 	 Cheesecake Ice cream and Fruit Yoghurt



ALSO AVAILABLE DAILY: • Pasta King bar (where applicable)

- Jacket potato with Filling (where applicable)
- Salad Bar
- Sandwiches or Subs or Wraps
- **Cheese & Crackers**
- Fresh Fruit
- Bread
- Drinking Water
- Wholegrain Pasta/Rice/Bread also available

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

WEEK 1 MENU

EAT SMART FOR A HEALTHY START!

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Mince Crumble	Sweet Chilli Quorn Noodles (V)	Toad in the Hole	Curry with Rice	Fish Friday
Option 2	Quiche (V)	Roast Chicken Dinner	Vegetable Lasagne (V)	Pasta Bake (V)	Chilli with Rice (V)
Sides	 Mixed Vegetables Cauliflower Mashed potato 	 Sweetcorn Green beans Peas Wedges Mash 	 Carrots Broccoli Boiled potatoes Mash 	 Beans Sweetcorn Broccoli Wedges Mash 	PeasCarrotsChips
Dessert	 Chocolate Brownie Jelly, fruit & Ice cream Yoghurt 	 Jelly Instant Dessert with Fruit Yoghurt 	 Home Made Biscuits Fruit Jelly with Fruit Yoghurt 	 Sponge and Custard Fruit Cocktail Jelly and Fruit Yoghurt 	 Oat and Fruit Crumble with Custard Ice cream and Fruit Yoghurt



ALSO AVAILABLE DAILY: • Pasta King bar (where applicable)

- Jacket potato with Filling (where applicable)
- Salad Bar
- Sandwiches or Subs or Wraps
- **Cheese & Crackers**
- Fresh Fruit
- Bread
- Drinking Water
- Wholegrain Pasta/Rice/Bread also available

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

WEEK 2 MENU

EAT SMART FOR A HEALTHY START!

y Friday d Fish Friday Salmon Fish Cakes
Salmon Fish
lings Southern fried lings burger (V)
 Peas Beans Chips
 Sponge Cake and Custard Yoghurt Fresh Fruit Fruit Smoothie

- Pasta King bar (where applicable)
- Jacket potato with Filling (where applicable)
- Salad Bar
- Sandwiches or Subs or Wraps
- Cheese & Crackers
- Fresh Fruit
- Bread

ALSO AVAILABLE DAILY:

- Drinking Water
- Wholegrain Pasta/Rice/Bread also available

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if your child requires this.

WEEK 3 MENU

EAT SMART FOR A HEALTHY START!

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chicken Curry with Rice	Cheese and Tomato Pizza (V)	Roast Dinner with Yorkshire Pudding	Mince & Dumplings or Lasagne	Fish
Option 2	Pork or Quorn Sausage Casserole	Cottage Pie (V)	Macaroni (V)	Cheese and Onion Pie (V)	Curry with Rice (V)
Sides	 Mixed Vegetables Cauliflower Mashed potato 	 Sweetcorn Beans Peas Wedges Mash 	 Carrots Broccoli Boiled potatoes Mash 	 Green Beans Sweetcorn Broccoli Wedges Mash 	PeasCarrotsChips
Dessert	 Home made Cookies/ Biscuits Jelly, fruit & Ice cream Yoghurt 	 Sponge and Custard Jelly Instant Dessert with Fruit Yoghurt 	 Oat Fruit Crunch Fruit Jelly with Fruit Yoghurt 	 Jam Roly Poly an Custard Fruit Cocktail Jelly and Fruit Yoghurt 	 Fruit Crumble with Custard Ice cream and Fruit Yoghurt Jelly



ALSO AVAILABLE DAILY: • Pasta King bar (where applicable)

- Jacket potato with Filling (where applicable)
- Salad Bar
- Sandwiches or Subs or Wraps
- **Cheese & Crackers**
- Fresh Fruit
- Bread
- Drinking Water
- Wholegrain Pasta/Rice/Bread also available
- your child requires this.

WEEK 4 MENU

All the menu options are catered for religious and special dietary requirements, please speak to the school to arrange to meet with our team to make the relevant adjustments if